

CASE STUDY

Name of the MI:Sevanilayam Health Centre

Address:Peddakorukondi Village, Kallur Mandal, Khammam District

Name of the CHC: Sr. Sujatha D'souza.

Details of case study:

Name: NallagatlaGangamma.

Age: 20 Years

Sex: Female.

Place: Yeraboinapalli, Chennuru.

Family Back ground:

Gangamma D/o of NallagatlaPrasad had a very pathetic background. She lost her mother when she was six months old baby and lost her father at the age of two. She is a complete orphan. Her mother suffered with psychological illness and her father was an alcoholic. After the death of her parents,she was living with her uncles, who never bothered to take care of her. Finally, for the education, at the age of four, she was joined in the St. Joseph's boarding school, Peddakorukondi, Khammam. She got free education upto 12th standard in the Convent at Peddakorukondi. During the summer holidays, she used to visit her uncles, in her native place at yeboinaaplli, Chennuru. They hardly came forward to see her needs.



Observations:

After finishing her inter second year she was disturbed. She was found afraid of her future. Finally, she was sent to learn English and some moral classes at Mysore by the Sisters. There she started to complain headache and also she began behave differently like withdrawal from the group, Individualism, laziness, taking time to eat, aggressive, imagination about male friends etc. Observing all this, she was admitted in hospital for three days and treated her as per the suggestion of the psychiatric specialist. Under the medication her condition got improved and brought her back to her family where she stopped her medication completely, rather they treated her with all other beliefs.

Our CHC, Mrs. Rattamma, identified the severity of her problem and brought to our notice. We planned to take her for the further treatment at, VIMHANS, Subbareddy Hospital, Vijayawada along with the family members and admitted her for three weeks.

Problem Diagnosed:

There, Doctor diagnosed her with History of genetic disorder, and **Psychosis with Acute Depression** .

Treatment:

ECT, Counseling, Anti Psychotic drugs.

After the treatment, she is perfectly alright. She has to continue the medication for another three years. The family is grateful, for taking her for the treatment. CHC convinced the family, to take proper care of her. At present she remains with her family members where all her uncles are taking care of her making her to stay in each house for ten days. CHC took the lead to visit the family when she was sick and also with the help of few people and Sisters managed to bear the expenses of the treatment.

Follow up:

we took the responsibility of her and bared her medical expenses for the few months. By now her people were responding and taking care of her taking her, and follow up to the hospital to Vijayawada and purchase of medicine etc. They were in contact with us.

Understanding and learning the situation, CHC planned and made arrangement to send her for the further studies bearing the financial expenses. Because of health condition and the continuation regular of medication, she attended her college from home.



After completion of the course of medicine for one year, her health condition was good. Doctor certified that she completely alright but need to continue the medication for one more year.

Knowing this we wanted ensure their family, that they have to take care of her completely. They accepted her happily and made arrangements for her wedding. She is happy when we meet her very often and still she is in touch with us.

